

# **LGBTQ+ Affirming Service Providers List**

**Updated 11/2018:** The San Mateo County Pride Center has been developing a database of local community service providers for the LGBTQ+ community. It is our goal for this list to help empower and enable community members to assess whether they will feel safe and have their needs met by local providers. To see their full responses to our survey, visit: <a href="https://www.bit.ly/lgbtq-survey-responses">www.bit.ly/lgbtq-survey-responses</a>.

COASTSIDE	NORTH COUNTY	CENTRAL COUNTY	SOUTH COUNTY
El Granada, Half Moon	Broadmoor, Colma,	Belmont, Burlingame,	East Palo Alto, Menlo
Bay, Miramar, Montara,	Daly City, South San	Foster City,	Park, Atherton, north
Moss Beach, La Honda,	Francisco, San Bruno,	Hillsborough, Millbrae,	Fair Oaks, Portola
Loma Mar, Pescadero,	Brisbane, Pacifica	San Carlos, San Mateo	Valley, Redwood City,
San Gregorio			Redwood Shores,
			Woodside

### COASTSIDE

#### \*\* Coastside Clinic

225 South Cabrillo Highway, Suite 100A Half Moon Bay, CA 94019

650-574-3941; New patients: 650-372-3200 <u>Services</u>: Primary care for adults and children; Family planning; OB/GYN; Nutrition; Sexually transmitted disease screening and therapy;

Mental Health

<u>Insurance</u>: HPSM/Medi-Cal Ages served: All ages

#### **^** Main Street Medical

799 Main St D

Half Moon Bay, CA 94019

650-726-1200

<u>Services</u>: Primary care for adults and children; Women's Health/Gynecology; Sports Medicine;

Geriatrics; Mental Health

<u>Insurance</u>: Medicare, Anthem Blue Cross, Blue Shield, United Healthcare - call for more info

Ages served: All ages

# **NORTH COUNTY**

### \*Daly City Health Center

380 90th Street

Daly City, CA 94015

(650) 301-8600; New patients: 650-372-3200

<u>Services</u>: Primary Care, Family planning, Women's health, Podiatry, Nutrition, Dental services, Mental health services, STD screening & therapy, HIV healthcare

Insurance: HPSM/Medi-Cal, Private insurance

Ages: All ages

## **CENTRAL COUNTY**

# \*A®Avalon Skin Care & Electrolysis

430 Peninsula Avenue, Suite #8

San Mateo, CA 94401

650-344-5555

<u>Services</u>: Cosmetic Facials; Electrolysis; Waxing for Men, Women, MTF, FTM

Insurance: Kaiser Permanente

Ages served: All ages

**NOTE:** The providers listed are not affiliated with the Pride Center and we cannot be held responsible for their actions.

**LEGEND:** ★ = has experience working with LGBTQ+ community; ☆ = LGBTQ+ members on staff



# **LGBTQ+ Affirming Service Providers List**

# **CENTRAL COUNTY (cont.)**

# \*<sup>★†</sup>Bay Area Aesthetic Surgery - Dr. Joel Beck, MD, FACS

1241 East Hillsdale Boulevard #190 Foster City, CA 94404 650-249-3169

<u>Services</u>: FTM Top Surgery; Male Body Sculpting, Facial Masculinization Surgery

(FMS) and Hair Grafting

Insurance: None; Works with out of network

providers - call for more info

Ages served: 21+

#### \*☆▲<sup>†‡®</sup> Edison Gender Care/STD

#### Clinic

222 W 39th Ave San Mateo, CA 94403 650-573-2385

Services: Transgender health clinic offered 4th Friday of the Month; Outpatient medical care for people with HIV/AIDS; Hormone therapy, Gender-affirming surgery referrals, hair removal referrals; Mental health support/therapy focused on gender needs; Evaluation for support letters for gender-affirming surgery, Support with letters and other documents needed to change name and gender markers; Case Management; Coverage/Benefits

Insurance: HPSM/Medi-Cal, Medicare, Private

insurance - call for more info

Ages: 18+ - call for more info

### \*\* Jennifer Lee, DDS.

324 North San Mateo Drive Suite #2 San Mateo, CA 94401 650-343-5555

<u>Services</u>: General, Family & Cosmetic Dentistry; For those without insurance <u>Insurance</u>: Etna, Signa, Delta, Metlife,

Guardian

Ages served: All ages

## \*<sup>▲†‡®</sup> June Martin, Ph.D

1100 S El Camino Real #3 San Mateo, CA 94402 650-348-4835

<u>Services</u>: Mental Health; Couples Therapy,

Individual Therapy, Sex Therapy Insurance: None - call for more info

Ages served: 18+

# \*☆付Ф Paula-Jo Husack, LMFT, CGP,

#### **EMDR**

1838 El Camino Real #203 Burlingame, CA 94010 650-619-6521

<u>Services</u>: Mental health; School advocacy; Family wellness; Self-esteem coaching Insurance: Anthem Blue Cross, LYRA, EAP

Ages served: All ages

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# **LGBTQ+ Affirming Service Providers List**

# **CENTRAL COUNTY (cont.)**

# \* Spring Tide Natural Health - Dr. Laura Enfield

205 E. 3rd Avenue, Suite #206 San Mateo, CA 94401 650-777-7966

<u>Services</u>: Naturopathic medicine, Chinese Medicine; Acupuncture; Prolozone; Flower Essence Therapy; Homeopathy - drainage therapies; B vitamin shots; PRP Facials;

Nutritional IV Therapy;

Insurance: None - call for more info

Ages served: All ages

### SOUTH COUNTY

#### \*☆▲<sup>†‡®</sup> Fair Oaks Health Center

2710 Middlefield Road Redwood City, CA 94063

650-578-7141; New patients: 650-372-3200

<u>Services</u>: Primary care for adults and children;
OB/GYN; Dental services; Women's health;
Family planning; Podiatry; Optometry;
Nutrition; Mental health services; WIC:

Women, Infants and Children Program

<u>Insurance</u>: HPSM/Medi-Cal, Private insurance

- call for more info

Ages served: All ages; Teens referred to

Sequoia Teen Clinic

#### **ADDITIONAL RESOURCES:**

- To find other community services and/or resources throughout San Mateo County, please visit <a href="https://www.smc-connect.org">www.smc-connect.org</a> or <a href="https://www.smc-connect.org">www.bit.ly/pride-center-resources</a>.
- For free and confidential support available 24/7 and in multiple languages, you
  may also dial <u>2-1-1</u> to get connected to a specialist for personalized assistance.
  Further information is also available at <u>www.211bayarea.org</u>.
- RAD Remedy is another excellent resource to help connect trans, gender non-conforming, intersex, and queer folks to accurate, safe, respectful, and comprehensive care in order to improve individual and community health: www.radremedy.org

THANK YOU to all of the fabulous Pride Center volunteers who helped us in creating this resource guide! If we need to update this list or if you have any questions or comments please contact the Pride Center's Case Manager, Alex Golding, at 650-465-6795 (call or text) or <a href="mailto:alex.golding@sanmateopride.org">alex.golding@sanmateopride.org</a>.

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