

# HPSM'S COVID-19 WEBSITE RESOURCES

Learn how to stay safe from COVID-19 — visit [hpsm.org/COVID-19](https://hpsm.org/COVID-19)

## NEW COVID-19 VACCINATION INFORMATION

Learn about vaccine safety, who can get the vaccine now and more

### COVID-19 Resources for Members

The coronavirus (COVID-19) situation is changing rapidly. The health of our members remains our top priority. For the safety of all HPSM members and employees, and to comply with public health guidelines, HPSM will no longer host in-person meetings at the offices. However, HPSM is committed to serving your needs during this crisis.



### COVID-19 Vaccination is here!

[Learn more about the vaccine and how you can get it](#)

To make sure you have the information and support you need to stay safe and healthy, we will post COVID-19 updates here. Just click the button below to find what you need.



Access to Medication



Meal Delivery & Community Resources



Eligibility & Coverage



Telephonic Medical Advice



Emotional Wellness



Personal & Home Safety

Information about  
medication refills &  
delivery options

Answers to your  
eligibility &  
coverage questions

Resources to  
support your  
emotional health

Food resources,  
financial assistance  
& legal advice

Who to call when  
you have health  
care questions

Experts' advice on  
protecting yourself  
against COVID-19

## COVID-19 VACCINATION SPECIAL EDITION



### GET THE COVID-19 VACCINE IT'S SAFE AND IT WORKS!

Now that the COVID-19 vaccines are available, the end of the pandemic is finally in sight. These lifesaving shots are now being given to those who need them most. We hope the vaccine will soon be made available to many more people. HPSM is working hard to make sure all members can get vaccinated as soon as possible.

As a doctor, I urge you to get vaccinated when it is your turn. All three approved vaccines have gone through the same drug testing methods that experts have used for decades. These steps make sure that they are safe and work.

Getting vaccinated will help keep your family and community safe. It will also help end the pandemic. Then we will be able to gather again, and kids can return to in-person school. The COVID-19 shot is free to HPSM members. So please get vaccinated when it is your turn!



**From the desk of**  
**Richard Moore, M.D.**  
*HPSM Interim Chief  
Medical Officer*

Visit  
[hpsm.org/covid-19/vax](https://hpsm.org/covid-19/vax)  
to learn more about how  
safe the COVID-19 vaccine  
is, as well as:

COVID-19 Vaccine  
Safety



How to Get the  
COVID-19 Vaccine



What happens after  
you get the vaccine



# HOMEBOUND HPSM MEMBERS CAN GET VACCINATED FOR COVID-19 AT HOME

HPSM members who are unable to leave their home due to reliance on mobility devices and caregivers may be eligible to get a COVID-19 vaccination at home. HPSM's partner, HRSupport, will call eligible members by phone to set up appointments. Vaccine supply is limited, so it could take as long as four to six weeks to get vaccinated. HRSupport's trained and skilled health care staff will go to members' homes and vaccinate them.



*If you or a loved one cannot leave the home per the above criteria and have not received a call, please email [CustomerSupport@hpsm.org](mailto:CustomerSupport@hpsm.org) to be added to the list for a home visit.*

## GET THE LATEST COVID-19 VACCINATION INFORMATION

Visit [HPSM.ORG/VAX](https://hpsm.org/vax)



COVID-19 Vaccination is here!

[Learn more about the vaccine and how you can get it](#)

Our goal is to help get as many members as possible vaccinated as soon as possible. Right now, there still are not enough doses for all the people who need them, so many appointment slots may fill up quickly. If you have difficulty finding an open appointment, please keep checking. More appointments are being added weekly.

If you have any questions about the vaccine, visit [hpsm.org/covid-19/vax](https://hpsm.org/covid-19/vax) for more information.

## SAFEWAY IS OFFERING VACCINATION APPOINTMENTS JUST FOR HPSM MEMBERS



HPSM and Safeway are partnering to offer vaccination appointments just for members. Only HPSM members can use these slots. All others will be turned away.

- Appointments MUST be scheduled in advance – WALK-INS NOT ACCEPTED
- Photo ID and HPSM Member ID card required at your appointment

If you cannot find an appointment at Safeway that works for you, visit [hpsm.org/vax](https://hpsm.org/vax) to find links to other pharmacies offering the vaccine. Members with limited WIFI access can call HPSM Customer Support for assistance in scheduling vaccine appointments.

# PREVENT COVID-19 FROM SPREADING IN YOUR HOME

In order to keep our families and communities safe, we must continue to practice the safety measures that help prevent the spread of COVID-19. The best place to start protecting yourself and your loved ones is right in your own home!



If someone in your household has COVID-19 and you may have been exposed, you should **stay in your** home until the quarantine period ends.



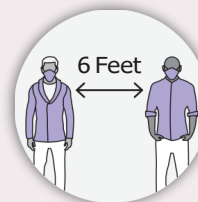
**Wash your hands often** with soap and water, or use hand sanitizer.



**Avoid touching your eyes, nose, and mouth** with unwashed hands.



**All household members should wear a mask when they are in the same room or space as one another and if they leave home.**



**Put at least 6 feet of distance** between yourself and other people. A mask is not a substitute for physical distancing.

**Use HPSM's new COVID-19 Care Guide to protect your household from the spread of COVID-19.** It includes:

- Actions you need to take if you or someone in your household has COVID-19
- Instructions on how to properly wear a mask, wash your hands and clean your home

**Read and download HPSM's COVID-19 Care Guide at [www.hpsm.org/COVID-19-care-guide](http://www.hpsm.org/COVID-19-care-guide)**

## Get Vaccinated: they did!



*I feel so relieved now that my mom has been vaccinated. She's very smart, but using the computer is challenging for her. I feel proud that I was able to sign her up and help keep her safe.*

— Gabrielle A.



*Now, that I have completed my 2 doses of COVID vaccine, I feel safer and protected! I encourage others to get vaccinated, be afraid of the virus and NOT the vaccine.*

— Charlene B.