

April 14, 2025

Outreach to HPSM Members with Diabetes

Dear provider,

This month the Health Plan of San Mateo (HPSM) will be mailing members network resources available to them if they have diabetes.

Please be prepared to help our members if they ask about:

- 1. Statins (Medi-Cal and CareAdvantage members).** Statins are a covered HPSM benefit and available to members of any age with diabetes who have high cholesterol **OR** are 40-75 years old with diabetes and normal cholesterol. Statins can help lower the risk of heart attack and stroke by lowering cholesterol for at-risk members.
- 2. 90-day medication supply (CareAdvantage members only).** Filling a three-month supply of medication saves time and money for our members.

If a member requests additional information on managing diabetes, you can direct them to our HEALTHmatters newsletter: https://www.hpsm.org/docs/default-source/health-matters-newsletter/diabetes_newsletter_lp_en.pdf

Please contact healtheducationrequest@hpsm.org if you have any questions about diabetes management resources available to HPSM members. All other questions can be directed to HPSM's Provider Services department at PSInquiries@hpsm.org.

Thank you,
The Health Plan of San Mateo