

November 15, 2023

Continuing Medical Education (CME) For Diabetes Awareness Month

Dear providers,

November is Diabetes Awareness Month and the Health Plan of San Mateo (HPSM) encourages you to take Continuing Medical Education (CME) credits to learn more about the latest evidence and best practices for diabetes care.

Here are some free, online CME opportunities available to you:

- **American Diabetes Association (ADA):** Offers free on-demand courses. You can search by credit type, credit amount, topics and more:
<https://professionaleducation.diabetes.org/Catalog/Learning>
 - For our prenatal providers, you can also find **gestational diabetes-specific learning:**
<https://professional.diabetes.org/content-page/womens-health-initiative>
- **Centers for Disease Control and Prevention Diabetes Home:** Earn CMEs through CDC Training and Continuing Education Online: <https://www.cdc.gov/diabetes/professional-info/training/webinars.html>
- **American Academy of Family Physicians (AAFP) Continuous Glucose Monitoring (CGM) Tips:** Offers a free course for members on CGM. Access to content ends 12/21/23:
<https://www.aafp.org/learning-portal/lms/access/?courseId=course/tips-cgm>
- **Emory University:** Offers several webinars for free for CME credit:
<https://med.emory.edu/departments/medicine/divisions/endocrinology/diabetes-education-center/continuing-medical-education.html>

Please direct questions to HPSM Provider Services at PSInquiries@hpsm.org.

Thank you for your continued commitment to our community,

The Health Plan of San Mateo