

October 24, 2023

Dyadic Care Services

Dear providers,

The Health Plan of San Mateo (HPSM) Medi-Cal Benefit covers dyadic services for children (under the age of 21) and their caregiver(s). Dyadic care refers to serving both caregiver and child together to target family well-being and support healthy development through a model of care intended to address developmental and behavioral health conditions of children as soon as they are identified. It focuses on access to preventive care for children, immunization completion, coordination of care, child social-emotional health and safety, developmentally appropriate parenting, and maternal mental health.

If you are an HPSM non-specialty mental health provider and are already collaborating with an HPSM primary care provider, please consider offering these Dyadic services. If you are a primary care provider that would like to add this to your practice, please see more information here:

- Department of Healthcare Services (DHCS) Dyadic Services All Plan Letter (APL) 22-029: <https://bit.ly/DyadicServices> (Please be advised that the state is currently revising this and may have more updates soon)
- Medi-Cal Provider Manual: Non-Specialty Mental Health Services: Psychiatric and Psychological Services (see pages 13-20): <https://bit.ly/MediCalNonSpeciality>
 - For Dyadic Services Billing Codes and Modifier Table see page 18.

Please note that dyadic services can be reimbursed at established fee-for-service rates if the service provided does not meet the definition of other services or exceeds frequency limitations. See more details related to billing at the links above.

Please direct questions to HPSM Provider Services at PSInquiries@hpsm.org.

Thank you for your continued commitment to our community,

The Health Plan of San Mateo