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## November 19, 2020

## **Becoming ACEs Aware in California Training**

Dear Provider,

Join us and First 5 San Mateo County in **"Becoming ACEs Aware."** This is a free, two-hour training to learn about Adverse Childhood Experiences (ACEs), toxic stress, screening, risk assessment, and evidence-based care to effectively intervene on toxic stress.

You can receive 2.0 Continuing Medical Education (CME) and 2.0 Maintenance of Certification (MOC) credits upon completion. To receive payment for the ACE screening from Medi-Cal, you must complete this training and an attestation that you've completed it.

Learn more about the training and register here: training.acesaware.org

Adverse Childhood Experiences (ACEs) are stressful or traumatic experiences, including abuse, neglect, and/or household dysfunction, that occur by age 18. ACEs are strongly associated, in a dose-response fashion, with some of the most common and serious health conditions facing our society today, including at least nine of the 10 leading causes of death in the US. Examples of ACE-Associated Health Conditions include asthma, diabetes, depression, heart disease, and difficulties with learning and behavior.

Thank you for your continued commitment to our community,

The Health Plan of San Mateo