

# SAVE TIME & MONEY FILL YOUR PRESCRIPTIONS FOR 90 DAYS



Filling a prescription for 90 days makes sense, especially if medicine is taken regularly for conditions like diabetes, high blood pressure or high cholesterol.



**SAVE TIME** Getting a 90-day supply of medicine means fewer trips to the pharmacy. You would only need to visit the pharmacy four times a year instead of every month. ***That's 8 fewer visits to the pharmacy per year!***

**SAVE MONEY** If you pay a prescription copay, a 90-day supply costs the same as a 30-day supply. This means your \$4.30 copay could get you a 90-day supply of medicine — or 60 extra days at no extra cost. ***That's up to \$34.40 in savings per year!***

## GETTING A 90-DAY SUPPLY OF MEDICINE IS EASY — HERE'S HOW:

### **1** Ask an HPSM network pharmacy or your healthcare provider

- A pharmacy can get you up to a 90-day supply even if your prescription is only for 30 days. All you need is enough refills and to have taken the medicine before.
- Your healthcare provider can write your prescription to the pharmacy for a 90-day supply.

### **2** Fill and pick up your prescription at an HPSM network pharmacy

**Plus, starting January 1, 2024**

Get no-cost home delivery using HPSM's new mail-order pharmacy through **Postal Prescription Services (PPSRX)**.

Watch your mailbox for details!