

Individual Health Assessment (IHA)

An IHA is a comprehensive assessment that is completed during a patient's initial encounter(s) with his/her PCP. HPSM is required by the California Department of Health Care Services (DHCS), Managed Risk Medical Insurance Board (MRMIB), the Centers for Medicare and Medicaid and funders of Healthy Kids to ensure that new members receive an Initial Health Assessment (IHA) within 120 days of becoming an HPSM member. HPSM encourages providers to use the DHCS **Staying Healthy Assessment Tool to receive an additional incentive**, and help meet this requirement (see below).

Assessment Components

The IHA consists of a comprehensive history, physical, mental status and where age appropriate, developmental exam, diagnosis and plan of care, preventive services and the Individual Health Education Behavioral Assessment.

Staying Healthy Assessment Tool (SHA)

The Staying Healthy Assessment Tool (SHA) assists PCPs in:

- identifying and tracking individual health risks and behaviors
- targeting health education counseling interventions
- providing referral and follow-up.

The SHA should become a permanent part of the member's medical record and be referred to annually. When potentially high risk health behaviors are identified, PCPs are expected to ask appropriate follow-up assessment questions to identify patient's health education needs and facilitate focused educational counseling that addresses health behavior changes.

Facilitating health education intervention

Information provided on the Staying Healthy Assessment tool combined with the patient's medical history, conditions, problems, testing results, and other related factors, can help a provider recommend appropriate health education interventions. If a member is in need of a health education service that is not outlined in the HPSM provider manual, or quarterly list of Health Education Community Classes and Resources, the provider is encouraged to contact the Health Education Unit at (650) 616-2165 for information about other community resources.

Provider Incentive: Completing the IHA and the Assessment Tool

Pay for Performance (P4P)

The Initial Health Assessment incentive is available for completing the IHA visit and administering the SHA tool within 120 days for Medi-Cal, Healthy Kids, Healthy Families and HealthWorx new members **only**.

HPSM will reimburse a flat amount (currently \$90.00) under these conditions:

(a) The IHA is rendered within the first 120 days of a member becoming eligible for HPSM, and

(b) An IHA has not been completed by another PCP within the last year for the same member.

New members are identified on the top of your case management list with an asterisk. *Please be aware that HPSM may not be able to notify you that you have a new member and verify the member's eligibility until 30 days after they have become eligible with HPSM. Thus, you would have 90 days after this notification to complete the IHA visit and SHA tool.*

To receive the P4P incentive, you need to bill using procedure (CPT) codes based on the member's age

(initial comprehensive preventive medicine):

- Code 99381: Under age 1
- Code 99382: Age 1-4 years
- Code 99383: Age 5 -11 years
- Code 99384: Age 12 -17 years
- Code 99385: Age 18 -39 years
- Code 99386: Age 40 -64 years
- Code 99387: Age 65 and older

Preventive care visits are not separately reimbursable for HPSM Medi-Cal PCPs

Subsequent preventive medical office visits for Medi-Cal members, including review and updating of the SHA, are an expected part of clinical care that a primary care provider renders, and **are reimbursed overall by the monthly capitation a provider receives.** The only exceptions are when additional services (such as an annual adolescent visit) are performed because these services are separately payable beyond the capitated amount providers receive monthly, as P4P incentives.

Who to contact for questions:

Staying Healthy Assessment Tool (SHA) - Liliana Ramirez, (650) 616-2170

Individual Health Assessment and P4P – Nicole Ford (650) 616 -2169

General Provider Questions - Provider Services (650) 616 - 2106