

Do you know your SCORE?

Use this test to determine your S.C.O.R.E. (Standardized Calculator Of Risk for Events), the estimated risk profile for serious NSAID-induced GI toxicity (e.g., stomach ulcer or bleeding ulcer).

Instructions: Answer each question, then write the appropriate points in the right-hand column. After answering all the questions, add up the points and see the bottom of this sheet for **treatment guidelines**.

				Points
1. How old are you?				
Age 20 or Under	0 points	Age 51 – 55	9 points	<input style="width: 40px; height: 40px;" type="text"/>
Age 21 – 25	1 point	Age 56 – 60	10 points	
Age 26 – 30	3 points	Age 61 – 65	12 points	
Age 31 – 35	4 points	Age 66 – 70	13 points	
Age 36 – 40	5 points	Age 71 – 75	14 points	
Age 41 – 45	6 points	Age 76 – 80	16 points	
Age 46 – 50	8 points	Age 81 – 85	17 points	
		Over Age 85	18 points	
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2. How do you rate your current health status on the following scale?				
Very Poor			4 points	<input style="width: 40px; height: 40px;" type="text"/>
Poor			3 points	
Fair			2 points	
Well			1 point	
Very Well			0 points	
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3. Do you have <i>rheumatoid</i> arthritis (not osteoarthritis, also known as “wear and tear” arthritis, or other forms of arthritis)?				
No	0 points	Yes	2 points	<input style="width: 40px; height: 40px;" type="text"/>
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4. If you are taking prednisone or other corticosteroids by mouth (not by oral inhaler) or by injection, for how many months have you taken them in the past year?				
0 months	0 points	4 - 6 months	3 points	<input style="width: 40px; height: 40px;" type="text"/>
1 - 3 months	1 point	7 - 10 months	4 points	
		11 - 12 months	5 points	
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5. Have you ever been hospitalized for a stomach or intestinal problems such as bleeding <u>or</u> an ulcer? (If “Yes,” skip next question.)				
No	0 points	Yes	8 points	<input style="width: 40px; height: 40px;" type="text"/>
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6. (If answer to #5 is “No”) Have you ever had gastrointestinal side effects (heartburn, stomach pain, nausea, vomiting) when taking NSAIDs?				
No	0 points	Yes	2 points	<input style="width: 40px; height: 40px;" type="text"/>
				<input style="width: 40px; height: 40px;" type="text"/>

Add up the Total Score:

What your S.C.O.R.E. means:

risk level 1	Up to 10 points: Risk of a serious GI side effect (e.g., stomach ulcer or bleeding) is <i>not significantly increased</i> by taking NSAIDs, if taken as recommended in product labeling.
risk level 2	11 to 15 points: Risk of a serious GI side effect is <i>moderately increased</i> by taking NSAIDs. Consultation with a medical professional is recommended, especially if you need to take NSAIDs regularly.
risk level 3	16 to 20 points: Risk of a serious GI side effect is <i>significantly increased</i> by taking NSAIDs. Consultation with a medical professional is advisable.
risk level 4	Over 20 points: Risk of a serious GI side effect is <i>substantially increased</i> by taking NSAIDs. Consultation with a medical professional is strongly encouraged.

Note: This scoring tool/risk calculator is based on work done using the ARAMIS data base (prospective data on >11,000 patients with arthritis) by Dr. Gurkirpal Singh and colleagues at Stanford University Division of Immunology and Rheumatology, and is provided for educational purposes only. For licensing information, email Dr. Singh at gsingh@stanford.edu