



## What Is Healthy Kids?

**Healthy Kids** is a low-cost health coverage program for children and teens in San Mateo County. It provides health, dental, and vision coverage for children who do not qualify for no-cost Medi-Cal and Healthy Families. Immigration status does not affect eligibility.

## Healthy Kids in San Mateo County

In San Mateo County, **Healthy Kids** is administered through the **Health Plan of San Mateo (HPSM)**, a managed-care health maintenance organization (HMO). If you qualify for **Healthy Kids**, **HPSM** will be the health plan that administers your **Healthy Kids** benefits. **HPSM** has more than **800** providers, **2,000** specialty care providers, **12+** hospitals, and **234** independent and chain pharmacies to serve you.

## Do My Children Qualify for Healthy Kids?

Children from birth to age 19 who are not eligible for no-cost Medi-Cal or **Healthy Families** can apply. Immigration status does not affect eligibility. Eligibility depends on family size and income.

## Benefits and Services

**Healthy Kids** provides access to comprehensive health services for children and teens:

- Doctor Visits
- Dental and Vision Services
- Routine Check-ups
- Prescription Drugs
- Hospital Services
- Immunizations
- Mental Health

## What are the costs?

A family contribution is paid to **HPSM** every 3 months (quarterly family contribution) per child. The amount of the contribution ranges from **\$12** to **\$90**, based on family size and income.

Co-pays are made directly to doctors, pharmacies, and hospitals for services received.

- Co-pays for doctor visits, prescription drugs, and emergency services range from **\$5–\$15**.
- No co-pays for immunizations, check-ups, and other visits for prevention

## Apply for Healthy Kids

To apply for **Healthy Kids**, visit the Children's Health Initiative website, [www.smcchi.org](http://www.smcchi.org), or call **650-616-2002**. Parents and legal guardians may apply for children.

## California Children's Services Program

Children with certain physical handicap conditions who are enrolled in **Healthy Kids** may be eligible for specialized medical care provided by California Children's Services.