



**CareAdvantage (HMO SNP)  
2012 Formulary Supplement II  
(List of Covered Drugs)**

**Step Therapy Criteria**  
(Criteria for Step Therapy-2 [ST-2] Drugs)

## CONTENT

ALLERGIC RHINITIS .....	2
ALPHA REDUCTASE INHIBITOR.....	3
ANGIOTENSIN RECEPTOR BLOCKER.....	4
ANTI-MIGRAINE.....	5
ASTHMA.....	6
BPH.....	7
DIABETES.....	8
INFLAMMATION .....	10
LEXAPRO.....	12
LORATADINE OTC.....	13
LYRICA .....	14
OVERACTIVE BLADDER .....	15
PRILOSEC OTC.....	16
SKELETAL MUSCLE RELAXANT.....	17
TOPICAL IMMUNOMODULATORS.....	18
XOPENEX .....	20

## STEP THERAPY (ST)

### What is it, and how does it work?

Step Therapy (ST) means there are ST requirements on the use of the drug. This means that you will have to try certain other drugs to treat your condition before CareAdvantage will cover the drug. That is, try a drug, or drugs, in **Step-1 first**, and then you may qualify to get a drug in **Step-2** if the Step-1 drug does not improve your condition.

Note some ST-2 flagged drugs may be listed under certain ST-1 table(s). This is possible because these ST-2 flagged drugs are considered as Step-1 drugs for other classes of drugs to treat other medical conditions.

### What are the ST required drugs (ST-2 drugs) in the CareAdvantage Formulary?

This document lists all the Step Therapy required drugs (i.e. the Step-2 drugs) with all of their related Step-1 drugs together in tables. The above content shows the name of specific drugs or class of drugs. The details of the Step-1 drug option(s) are shown in the specific pages.

In the 2012 CareAdvantage Formulary Handbook, ST-2 drugs are flagged in Column 5 under “Notes.”

## ALLERGIC RHINITIS

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
SINGULAIR	Chewable Tablet
SINGULAIR	Granules
SINGULAIR	Oral Tablet

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
azelastine	Nasal Inhaler
carbinoxamine	Oral Solution
CLARINEX	Oral Solution
CLARINEX	Oral Tablet
CLARINEX	Disintegrating Tablet
CLARINEX-D	Extended Release Tablet
clemastine	Oral Solution
clemastine	Oral Tablet
cyproheptadine	Oral Solution
cyproheptadine	Oral Tablet
dexchlorpheniramine	Oral Solution
diphenhydramine	Oral Capsule
diphenhydramine	Oral Solution
fexofenadine	Oral Tablet
flunisolide	Nasal Inhaler
fluticasone	Nasal Inhaler
hydroxyzine	Oral Capsule
hydroxyzine	Oral Solution
hydroxyzine	Oral Tablet

## ALPHA REDUCTASE INHIBITOR

### STEP THERAPY TYPE GROUP STEP 2 *(Try Step 1 Drugs First)*

DRUG NAME

Dosage Form

AVODART

Oral Capsule

### STEP THERAPY TYPE GROUP STEP 1

DRUG NAME

Dosage Form

finasteride

Oral Tablet

## ANGIOTENSIN RECEPTOR BLOCKER

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
AVALIDE 150/12.5	Oral Tablet
AVALIDE 300/12.5	Oral Tablet
AVALIDE 300/25	Oral Tablet
AVAPRO	Oral Tablet
BENICAR	Oral Tablet
BENICAR HCT 20/12.5	Oral Tablet
BENICAR HCT 40/12.5	Oral Tablet
BENICAR HCT 40/25	Oral Tablet
DIOVAN	Oral Tablet
DIOVAN HCT 160/12.5	Oral Tablet
DIOVAN HCT 160/25	Oral Tablet
DIOVAN HCT 320/12.5	Oral Tablet
DIOVAN HCT 320/25	Oral Tablet
DIOVAN HCT 80/12.5	Oral Tablet
hydrochlorothiazide	Oral Tablet
losartan	Oral Tablet

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
amlodipine	Oral Capsule
benazepril	Oral Tablet
captopril	Oral Tablet
enalapril	Oral Tablet
fosinopril	Oral Tablet
hydrochlorothiazide	Oral Tablet
lisinopril	Oral Tablet
moexipril	Oral Tablet
quinapril	Oral Tablet
ramipril	Oral Capsule
trandolapril	Oral Tablet

## ANTI-MIGRAINE

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
AMERGE	Oral Tablet
AXERT	Oral Tablet
dihydroergotamine	Injectable Solution
FROVA	Oral Tablet
IMITREX	Nasal Spray
MIGRANAL	Nasal Spray
RELPAX	Oral Tablet
ZOMIG	Oral Tablet
ZOMIG	Nasal Spray
ZOMIG-ZMT	Disintegrating Tablet

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
IMITREX	Prefilled Syringe
MAXALT	Disintegrating Tablet
MAXALT	Oral Tablet
sumatriptan	Injectable Solution
sumatriptan	Oral Tablet

## ASTHMA

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
ACCOLATE	Oral Tablet

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
ADVAIR 100/50	Dry Powder Inhaler
ADVAIR 250/50	Dry Powder Inhaler
ADVAIR 500/50	Dry Powder Inhaler
AEROBID	Metered Dose Inhaler
albuterol	Oral Tablet
albuterol	Extended Release Tablet
albuterol	Oral Solution
ALOCRIL	Ophthalmic Solution
aminophylline	Oral Tablet
ASMANEX	Dry Powder Inhaler
cromolyn	Inhalant Solution
ELIXOPHYLLIN	Oral Solution
FLOVENT	Metered Dose Inhaler
metaproterenol	Oral Solution
metaproterenol	Oral Tablet
PROAIR HFA	Metered Dose Inhaler
PROVENTIL	Metered Dose Inhaler
QVAR	Metered Dose Inhaler
SYMBICORT 160/4.5	Metered Dose Inhaler
SYMBICORT 80/4.5	Metered Dose Inhaler
THEO-24	Extended Release Capsule
THEOCHRON	Extended Release Tablet
theophylline	Extended Release Tablet
VENTOLIN	Metered Dose Inhaler

## BPH

### STEP THERAPY TYPE GROUP STEP 2 (*Try Step 1 Drugs First*)

DRUG NAME

Dosage Form

UROXATRAL

Extended Release Tablet

### STEP THERAPY TYPE GROUP STEP 1

DRUG NAME

Dosage Form

doxazosin

Oral Tablet

prazosin

Oral Capsule

tamsulosin

Oral Capsule

terazosin

Oral Capsule

## DIABETES

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
ACTOS	Oral Tablet
AVANDAMET 2/1000	Oral Tablet
AVANDAMET 2/500	Oral Tablet
AVANDAMET 4/1000	Oral Tablet
AVANDAMET 4/500	Oral Tablet
AVANDIA	Oral Tablet
nateglinide	Oral Tablet
PRANDIN	Oral Tablet

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
acarbose	Oral Tablet
chlorpropamide	Oral Tablet
FORTAMET	Extended Release Tablet
glimepiride	Oral Tablet
glipizide	Extended Release Tablet
glipizide	Oral Tablet
GLUMETZA	Extended Release Tablet
glyburide	Oral Tablet
GLYCRON	Oral Tablet
GLYSET	Oral Tablet
HUMALOG	Injectable Solution
HUMALOG	Prefilled Syringe
HUMALOG MIX 50/50	Prefilled Syringe
HUMALOG MIX 50/50	Injectable Suspension
HUMALOG MIX 75/25	Injectable Suspension
HUMALOG MIX 75/25	Prefilled Syringe
HUMULIN 70/30	Injectable Suspension
HUMULIN 70/30	Prefilled Syringe
HUMULIN N	Injectable Suspension
HUMULIN N	Prefilled Syringe
HUMULIN R	Injectable Solution
LANTUS	Injectable Solution
metformin	Extended Release Tablet
metformin	Oral Tablet

NOVOLIN 70/30	Injectable Suspension
NOVOLIN 70/30	Prefilled Syringe
NOVOLIN N	Injectable Suspension
NOVOLIN N	Prefilled Syringe
NOVOLIN R	Injectable Solution
NOVOLIN R	Prefilled Syringe
NOVOLOG	Prefilled Syringe
NOVOLOG	Injectable Solution
NOVOLOG MIX 70/30	Injectable Suspension
NOVOLOG MIX 70/30	Prefilled Syringe
RIOMET	Oral Solution
tolazamide	Oral Tablet
tolbutamide	Oral Tablet

## INFLAMMATION

### STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)

<u>DRUG NAME</u>	<u>Dosage Form</u>
CELEBREX	Oral Capsule

### STEP THERAPY TYPE GROUP STEP 1

<u>DRUG NAME</u>	<u>Dosage Form</u>
ARTHROTEC 50/200	Enteric Coated Tablet
ARTHROTEC 75/200	Enteric Coated Tablet
diclofenac	Oral Tablet
diclofenac	Enteric Coated Tablet
diclofenac	Extended Release Tablet
diflunisal	Oral Tablet
etodolac	Extended Release Tablet
etodolac	Oral Capsule
etodolac	Oral Tablet
fenoprofen	Oral Tablet
flurbiprofen	Oral Tablet
ibuprofen	Oral Tablet
ibuprofen	Oral Suspension
INDOCIN	Oral Suspension
indomethacin	Oral Capsule
indomethacin	Extended Release Capsule
ketoprofen	Extended Release Capsule
ketoprofen	Oral Capsule
ketorolac	Injectable Solution
meclofenamate	Oral Capsule
meloxicam	Oral Suspension
meloxicam	Oral Tablet
nabumetone	Oral Tablet
NALFON	Oral Capsule
naproxen	Oral Suspension
naproxen	Oral Tablet
naproxen	Enteric Coated Tablet
oxaprozin	Oral Tablet
piroxicam	Oral Capsule
sulindac	Oral Tablet
continue:	

tolmetin  
tolmetin

Oral Capsule  
Oral Tablet

## LEXAPRO

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
LEXAPRO	Oral Tablet
LEXAPRO	Oral Solution

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
citalopram	Oral Tablet
citalopram	Oral Solution
fluoxetine	Oral Tablet
fluoxetine	Oral Capsule
fluoxetine	Enteric Coated Capsule
fluoxetine	Oral Solution
paroxetine	Oral Suspension
paroxetine	Oral Tablet
sertraline	Oral Solution
sertraline	Oral Tablet

## LORATADINE OTC

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
CLARINEX	Oral Tablet
CLARINEX	Oral Solution
CLARINEX-D 12 HR	Oral Tablet
CLARINEX-D 24 HR	Oral Tablet
fexofenadine	Oral Tablet
ALLEGRA-D 12 HR	Oral Tablet
ALLEGRA-D 24 HR	Oral Tablet

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
Cetirizine OTC	Oral Tablet, Oral Suspension
loratadine OTC	Oral Tablet
loratadine/pseudoephedrine combination	Oral Tablet
	Na

LYRICA

This Step Therapy Criterion is currently under review by Medicare.

## OVERACTIVE BLADDER

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
DETROL	Extended Release Capsule
DETROL	Oral Tablet
ENABLEX	Extended Release Tablet
OXYTROL	Transdermal Patch

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
oxybutynin	Oral Tablet
oxybutynin	Extended Release Tablet

## PRILOSEC OTC

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
ACIPHEX	Enteric Coated Tablet
lansoprazole	Enteric Coated Capsule
omeprazole	Enteric Coated Capsule
pantoprazole	Enteric Coated Tablet
PREVACID	Disintegrating Tablet
ZEGERID REFORMULATED AUG 2006	Oral Capsule
ZEGERID REFORMULATED AUG 2006	Oral Suspension

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
Omeprazole OTC 20 mg	Oral Tablet
Prevacid 24HR OTC	Oral Capsule
Zegerid OTC	Oral Capsule

## SKELETAL MUSCLE RELAXANT

This Step Therapy Criterion is currently under review by Medicare.

## TOPICAL IMMUNOMODULATORS

### **STEP THERAPY TYPE GROUP STEP 2 (Try Step 1 Drugs First)**

<u>DRUG NAME</u>	<u>Dosage Form</u>
ELIDEL	Topical Cream
PROTOPIC	Topical Ointment

### **STEP THERAPY TYPE GROUP STEP 1**

<u>DRUG NAME</u>	<u>Dosage Form</u>
ALA-CORT	Topical Cream
ALA-CORT	Topical Lotion
ALA-SCALP	Topical Lotion
alclometasone	Topical Cream
alclometasone	Topical Ointment
amcinonide	Topical Cream
amcinonide	Topical Lotion
amcinonide	Topical Ointment
betamethasone	Augmented Topical Cream
betamethasone	Augmented Topical Gel
betamethasone	Augmented Topical Ointment
betamethasone	Topical Cream
betamethasone	Topical Lotion
betamethasone	Topical Ointment
BETA-VAL	Topical Cream
CAPEX	Medicated Shampoo
clobetasol	Topical Cream
clobetasol	Topical Gel
clobetasol	Topical Solution
clobetasol	Topical Ointment
CUTIVATE	Topical Lotion
DERMA-SMOOTH/FS	Topical Oil
desonide	Topical Cream
desonide	Topical Lotion
desonide	Topical Ointment
DESOWEN	Topical Ointment
desoximetasone	Topical Cream
desoximetasone	Topical Gel
desoximetasone	Topical Ointment
diflorasone	Topical Cream
continue:	

diflorasone	Topical Ointment
fluocinolone	Topical Ointment
fluocinolone	Topical Solution
fluocinolone	Topical Cream
fluocinonide	Topical Cream
fluocinonide	Topical Gel
fluocinonide	Topical Ointment
fluocinonide	Topical Solution
fluticasone	Topical Ointment
halobetasol	Topical Cream
halobetasol	Topical Ointment
hydrocortisone	Topical Lotion
hydrocortisone	Topical Ointment
hydrocortisone	Topical Cream
KENALOG	Topical Spray
LOKARA	Topical Lotion
mometasone	Topical Cream
mometasone	Topical Lotion
mometasone	Topical Ointment
triamcinolone	Topical Cream
triamcinolone	Topical Lotion
triamcinolone	Topical Ointment
TRIDERM	Topical Cream
TRIDERM	Topical Ointment

## XOPENEX

### STEP THERAPY TYPE GROUP STEP 2 (*Try Step 1 Drugs First*)

#### DRUG NAME

levalbuterol

XOPENEX

XOPENEX

#### Dosage Form

Inhalant Solution

Metered Dose Inhaler

Inhalant Solution

### STEP THERAPY TYPE GROUP STEP 1

#### DRUG NAME

albuterol

#### Dosage Form

Inhalant Solution